

Just as I AM: The ME Theory PROGRAM



visit hoperoad.org

At a Glance...

Introduction & Overview

CE | [^ Á } ^ ^ á Á ã • Á c @ ^ Á] | æ } Ê Á c @ ^ Á ; [æ á Á { æ * ^ Á ^ [^ Á á ^ • Ç ã] æ Ç ã [] È + Á Á Á

In this 21st century world of options, alternatives, and choices, the road to personal success can be muddled and winding. Indecisiveness, procrastination, and lack of clarity steal time, turning days to months, and months to years leaving unrealized expectations and dissatisfaction.

The *Just as I AM Program* takes a faith based approach to moving participants to step out and **REFRESH** by gaining a new mindset and outlook. We walk each group through placing the things that they value in proper **ORDER**. We educate on tools that will help participants **ADJUST** actions for positive change. Ultimately compelling groups to **DO** what they are destined to do.

The Hope Road Organization is committed to helping individuals identify their strengths and expectations, educate on available resources and tools to help transform individual ideas into positive actions.

- We ignite and nurture an environment of good expectations
- We infuse the truth that outside of what anyone thinks, pressures of the media, friends and family, your individual natural strengths and talents deserve and require action
- We help build emotional intelligence skills that earn trust and help build effective individuals & teams.

What is the Mission of The Just as I AM program?

The mission is to overpoweringly help participants heighten positive concentration on individual natural strengths and talents. By creating an energetic, innovative atmosphere using entertainment, dramatization and education, our team sets your team on the road to realizing the power of their potential.

Why the Just as I AM program?

Research has shown that introspection with character education build self awareness and boost self esteem.

Audience

Individuals and Groups seeking change, personal success, new possibilities, action and advantage in their everyday lives.

Program Components

Engaging & Impactful

Meeting the participants right where they are, the program engages each individual.

Energizing & Entertaining

The brain is activated and stimulated in thought, movement and emotions when an individual is being entertained. The program energizes participants to positive change by including the arts of dramatization and spoken word poetry.

Introspective & Encouraging

Through self observation, inner thoughts and individual desires, the program compels participants to action leading to personal success.

Identification of Strengths & Expectations

Natural inventory assessment allows participants to identify those strengths and talents that may have been buried but are the key to their positive change.

Scheduling & Info:

MAILING ADDRESS

P.O. Box 5905
Dayton, Ohio 45405-5905

PHONE: 877.358.3453

FAX: 877.358.3453

E-MAIL: info@hoperoad.org

WEB: www.hoperoad.org

Just as I AM: The ME Theory

Detailed Itinerary



visit hoperoad.org

Touch **15 Minutes**

1

Kick Off & Introduction

Spoken Word Poetry
Welcome
Overview

Program Components

Engaging & Impactful

Meeting the participants right where they are, the program engages each individual.

Energizing & Entertaining

The brain is activated and stimulated in thought, movement and emotions when an individual is being entertained. The program energizes participants to positive change by including the arts of dramatization and spoken word poetry.

Introspective & Encouraging

Through self observation, inner thoughts and individual desires, the program compels participants to action leading to personal success.

Identification of Strengths & Expectations

Natural inventory assessment allows participants to identify those strengths and talents that may have been buried but are the key to their positive change.

Scheduling & Info:

MAILING ADDRESS

P.O. Box 5905
Dayton, Ohio 45405-5905

PHONE: 877.358.3453

FAX: 877.358.3453

E-MAIL: info@hoperoad.org

WEB: www.hoperoad.org

Touch **30 Minutes**

2

3 Character Dramatization

Choices

Demonstration character Ava Wilson (Addiction)

Hope

Demonstration character: Nicky (Dreamer)

Change

Demonstration Character: Destiny (Girlfriend)

Touch **10 Minutes**

3

Getting On Hope Road

Spoken Word Poetry
Recap of Dramatization

Break

30 Minutes

Just As I Am

Self Inventory
Identity & Image
Identify Barriers
Inspiration Breaking Down Barriers
Release the Inevitable

20 Minutes

Work Group Exercise

My Reality Document

Moment of Impact

Be A PRO
Positive Realistic Outlook

Just as I AM: The ME Theory Program Take - Aways



Each participant will receive the following:

- My Reality Document
- Positive Realistic Outlook (PRO) Card
- Prayer in Progress Door Hanger

Front of PRO Card

Back of PRO Card

