



## It's Growing Time! | Week 1

### In this week's delivery you have:

1. A 12 cup seed-starting tray with a dome
2. Soil
3. Seeds
4. A Water Mister

### Here are your activity directions

1. Check the seed packet to see how deep you should plant your seeds.
2. Write down what it says about your seeds.
3. Fill your seedling tray cups with soil. Try not to overfill the cup. Leave just a little room at the top.
4. Open your seeds and plant one seed in each cup.

**Note:** With the smaller seeds, you can set the seed right on the soil surface. With larger seeds, you will need to bury them in the soil.

5. Moisten the newly planted seeds with the water mister

### Growing Tips

- To speed **germination** (we will learn about germination) cover with the plastic dome that fits over the seed-starting tray. This helps keep the seeds moist before they germinate. When you see the first signs of green, remove the cover.
- As the seedlings grow, use the mister to keep the soil moist but not soggy. Let the soil dry slightly between waterings.

**Note:** Some gardeners set up a fan to make sure their plants get good air movement. It also stops the plants from getting a disease.

### **Every seed needs WATER, SUN and SOIL.**

- Seedlings need light. If seedlings don't get enough light, they will be weak.
- Keep in mind that seedlings need darkness, too, so they can rest.